

**Jason Trombley, AP, LMT**  
**Acupuncture/Massage Therapy Intake Form**

Instructions:

This page is a general information and medical history  
The next 2 pages are symptoms you have and/or are experiencing in the past 3 to 6 months  
Please read & sign the last 2 pages

Name: \_\_\_\_\_ Phone:(H)\_\_\_\_\_ (C)\_\_\_\_\_ (W)\_\_\_\_\_

Address:\_\_\_\_\_ Age:\_\_\_\_\_ Ht:\_\_\_\_\_ Wt:\_\_\_\_\_

City:\_\_\_\_\_ St:\_\_\_\_\_ Zip:\_\_\_\_\_ Birthdate:\_\_\_\_\_ Sex:\_\_\_\_\_

E-mail:\_\_\_\_\_ Occupation:\_\_\_\_\_

Physician:\_\_\_\_\_ Referred By:\_\_\_\_\_

Emergency Contact: Name:\_\_\_\_\_ Phone:\_\_\_\_\_

Main Problem:\_\_\_\_\_ Onset:\_\_\_\_\_

Other Concurrent Therapies:\_\_\_\_\_

**Past Medical History** (include date):

**Significant Illnesses:** \_\_\_ Cancer \_\_\_ Diabetes \_\_\_ Blood Pressure \_\_\_ Heart Disease \_\_\_ Hepatitis  
\_\_\_ Rheumatic Fever \_\_\_ Thyroid Disease \_\_\_ Seizures \_\_\_ Other

**Surgeries:** \_\_\_\_\_

**Significant Trauma** (auto accidents, fall, etc.): \_\_\_\_\_

**Birth History** (prolonged labor, forceps delivery, etc): \_\_\_\_\_

**Allergies** (drugs, chemicals, foods, etc.): \_\_\_\_\_

**Medicines Taken Within Last 2 Months** (include vitamins, over-the-counter drugs, herbs, etc.): \_\_\_\_\_

**Occupational Stresses** (chemical, physical, psychological, etc.): \_\_\_\_\_

**Exercise:** \_\_\_\_\_

**Comments:** \_\_\_\_\_

**Average Daily Diet:**

<u>Morning</u>	<u>Afternoon</u>	<u>Evening</u>

**Habits:** Cigarettes Coffee Tea Cola Alcohol Drugs Sugar Salt Other \_\_\_\_\_

**Family Medical History:** \_\_\_ Diabetes \_\_\_ Cancer \_\_\_ High Blood Pressure \_\_\_ Heart Disease \_\_\_ Stroke \_\_\_ Seizure \_\_\_ Asthma \_\_\_ Allergies \_\_\_ Alcoholism \_\_\_ Other \_\_\_\_\_

**General:**

- Poor Appetite       Heavy Appetite       Poor Sleep       Heavy Sleep       Insomnia
- Fatigue       Tremors       Vertigo       Cold Hands       Cold Feet
- Cold Back       Cold Abdomen       Fevers       Chills       Night Sweats
- Sweats Easily       Cravings       Localized Weakness       Poor Coordination       Change in Appetite
- Sudden Energy Drop at \_\_\_\_\_ (time)       Peculiar Taste/Smells \_\_\_\_\_
- Strong Thirst (cold/hot drinks)       Bleed/Bruise Easily (where) \_\_\_\_\_

**Skin and Hair:**

- Rashes       Ulcerations       Hives       Itching       Eczema
- Pimples       Dandruff       Loss of Hair       Purpura
- Change in Hair/Skin Texture       Other Hair/Skin Problems \_\_\_\_\_

**Head, Eyes, Ears, Nose, & Throat:**

- Dizziness       Concussions       Migraines       Glasses       Eye Strain
- Eye Pain       Poor Vision       Night Blindness       Color Blindness       Cataracts
- Blurry Vision       Earaches       Ringing in Ears       Poor Hearing       Nose Bleeds
- Sinus Problems       Mucus       Dry Throat       Dry Mouth       Copius Saliva
- Teeth Problems       Jaw Clicks       Grinding Teeth       Facial Pain       Gum Problems
- Spots in Eyes       Lips/Tongue Sores       Recurrent Sore Throats (\_\_\_/month)
- Headaches (when/where) \_\_\_\_\_
- Other Head or Neck Problems \_\_\_\_\_

**Cardiovascular:**

- High Blood Pressure       Low Blood Pressure       Chest Pain       Irregular Heartbeat
- Difficulty Breathing       Fainting       Cold Hands/Feet       Swelling Hands/Feet
- Blood Clots       Difficulty Breathing       Phelbitis
- Other \_\_\_\_\_

**Respiratory:**

- Cough
  - Cough Blood
  - Asthma
  - Bronchitis
  - Pneumonia
  - Difficulty Breathing When Lying Down
  - Tight Chest
  - Production of Phlegm \_\_\_\_\_ what color? \_\_\_\_\_
  - Other Lung Problems \_\_\_\_\_
- 

**Gastrointestinal:**

- Nausea
  - Vomiting
  - Diarrhea
  - Bowel Movement
  - Gas
  - Belching
  - Black Stools
  - \_\_\_\_\_ Frequency
  - Bad Breath
  - Rectal Pain
  - Hemorrhoids
  - \_\_\_\_\_ Color
  - Constipation
  - Bloody Stools
  - Sensitive Abdomen
  - \_\_\_\_\_ Odor
  - Pain or Cramps
  - Laxative Use: \_\_\_/week; type \_\_\_\_\_
  - \_\_\_\_\_ Texture/Form
  - Other Problems: \_\_\_\_\_
- 

**Genito-Urinary:**

- Pain on Urination
  - Frequent Urination
  - Blood in Urine
  - Urgency to Urinate
  - Unable to Hold Urine
  - Kidney Stones
  - Venereal Disease
  - Impotency
  - Wake up to Urinate How often \_\_\_/night; time \_\_\_\_\_
  - Other Problems: \_\_\_\_\_
- 

**Pregnancy & Gynecology:**

- Number Pregnancies \_\_\_\_\_
  - Number Births \_\_\_\_\_
  - Premature Births
  - Miscarriages
  - Age First Menses
  - Period (days) \_\_\_\_\_
  - Duration \_\_\_\_\_
  - Irregular Periods
  - Flow \_\_\_\_\_
  - Clots
  - Last PAP \_\_\_\_\_
  - Last Menses \_\_\_\_\_
  - Vaginal Discharge
  - Vaginal Sores
  - Breast Lumps
  - Menopause
  - Birth Control (type/duration) \_\_\_\_\_
  - Changes in Body/Psyche Prior to Menstruation \_\_\_\_\_
- 

**Musculoskeletal:**

- Neck Pain
  - Muscle Pains
  - Back Pain (where?) \_\_\_\_\_
  - Joint Pains (where?) \_\_\_\_\_
  - Other Joint or Bone Problems \_\_\_\_\_
- 

**Neuropsychological:**

- Seizures
  - Areas of Numbness
  - Poor Memory
  - Concussion
  - Depression
  - Bad Temper
  - Easily Stresses
  - Treated for Emotional Problems
  - Anxiety
  - Considered/ Attempted Suicide
  - Other Neurological or Psychological problems? \_\_\_\_\_
- 

**Notes:** \_\_\_\_\_

\_\_\_\_\_

# Jason Trombley, AP, LMT

## Consent to Treatment Form

By signing below, I do hereby voluntarily consent to be treated with acupuncture and/or substances from the Oriental Materia Medica by a licensed acupuncturist at WV Acupuncture.

**Acupuncture/Moxibustion:** I understand that acupuncture is performed by the insertion of needles through the skin or by the application of heat to the skin (or both) at certain points on or near the surface of the body in an attempt to treat bodily dysfunction or diseases, to modify or prevent pain perception, and to normalize the body's physiological functions. I am aware that certain adverse side effects may result. These could include, but are not limited to: local bruising, minor bleeding, fainting, pain or discomfort, and the possible aggravation of symptoms existing prior to acupuncture treatment. I understand that no guarantees concerning its use and effects are given to me and that I am free to stop acupuncture treatment at any time.

**Direct Moxibustion:** I understand that if I receive direct moxibustion as part of therapy, there is a risk of burning or scarring from its use. I understand that I may refuse this therapy.

**Chinese Herbs:** I understand that substances from the Oriental Materia Medica may be recommended to me to treat bodily dysfunction or diseases, to modify or prevent pain perception, and to normalize the body's physiological functions. I understand that I am not required to take these substances but must follow the directions for administration and dosage if I do decide to take them. I am aware that certain adverse side effect may result from taking these substances. These could include, but are not limited to: changes in bowel movement, abdominal pain or discomfort, and the possible aggravation of symptoms existing prior to herbal treatment. *Should I experience any problems, which I associate with these substances, I should suspend taking them and call the Y X'Cewrwpewtg, Inc. as soon as possible.*

**Acupressure/Tui-Na Massage:** I understand that I may also be given acupressure/tui-na massage as part of my treatment to modify or prevent pain perception and to normalize the body's physiological functions. I am aware that certain adverse side effects may result from this treatment. These could include, but are not limited to: bruising, sore muscles or aches, and the possible aggravation of symptoms existing prior to treatment. I understand that I may stop the treatment if it is too uncomfortable.

**Electro-Acupuncture:** I understand that I may be asked to have electro-acupuncture administered with the acupuncture. I am aware that certain adverse side effects may result. These may include, but are not limited to: electrical shock, pain or discomfort, and the possible aggravation of symptoms existing prior to treatment. I understand that I may refuse this treatment.

I understand that there may be other treatment alternatives, including treatment offered by a licensed physician.

I have carefully read and understand all of the above information and am fully aware of what I am signing. I understand that I may ask my practitioner for a more detailed explanation. I give my permission and consent to treatment.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

### **SIGN BELOW ONLY IF YOU REQUESTED AND RECEIVED MORE DETAILED INFORMATION**

I requested and received, in substantial detail, further explanation of the procedure or treatment, other alternative procedures or methods of treatment, and information about the material risks of the procedure or treatment. I give my permission and consent to treatment.

X \_\_\_\_\_  
Patient's Signature Date

X \_\_\_\_\_  
Explained by me and signed in my presence Date

Jason Trombley, AP, LMT  
304-282-5553

**CONSENT TO THE USE AND DISCLOSURE OF HEALTH INFORMATION  
FOR TREATMENT, PAYMENT, OR HEALTHCARE OPERATIONS**

**NAME** \_\_\_\_\_  
**BIRTHDATE** \_\_\_\_\_ **SOCIAL SECURITY #** \_\_\_\_\_

I understand that as part of my healthcare, this organization originates and maintains health records describing my health history, symptoms, examination and test results, diagnoses, treatment and any plans for future care of treatment.

**I understand that this information serves as:**

- A basis for planning my care and treatment.
- A means of communication among the many healthcare professionals who contribute to my care.
- A source of information for applying my diagnosis and surgical information to my bill.
- A means by which a third-party payer can verify that services billed were actually provided.
- A tool for routine healthcare operations such as assessing care quality and reviewing the competence of healthcare professionals.

**I understand that I have the right:**

- To object to the use of my health information for directory purposes.
- To request restrictions as to how my health information may be used or disclosed to carry out treatment, payment or healthcare operations – and that the organization is not required to agree to the restrictions requested.
- To revoke this consent in writing, except to the extent that the organization has already taken action in reliance thereupon.

**I request the following restrictions to the use of disclosure of my health information:**

\_\_\_\_\_  
\_\_\_\_\_

**Patient:**

**X** \_\_\_\_\_  
**Patient Signature or Legal Representative      Date      Witness Signature**

**Office Use Only:**

^ Accepted \_\_\_\_\_  
^ Denied      Signature      Title      Date

## **Our Clinic Protects Your Health Information and Privacy**

Dear Valued Patient,

This notice describes our office's policy for how medical information about you may be used and disclosed, how you can get access to this information, and how your privacy is being protected.

In order to maintain the level of service that you expect from our office, we may need to share limited personal medical and financial information with your insurance company, with Worker's Compensation (and your employer as well in this instance), or with other medical practitioners that you authorize.

***Safeguards in place at our office include:***

- Limited access to facilities where information is stored.
- Policies and procedures for handling information.
- Requirements for third parties to contractually comply with privacy laws.
- All medical files and records (including email, regular mail, telephone, and faxes sent) are kept on permanent file.

***Types of information that we gather and use:***

In administering your health care, we gather and maintain information that may include non-public personal information.:

- About your financial transactions with us (billing transactions).
- From your medical history, treatment notes, all test results, and any letters, faxes, emails or telephone conversations to or from other health care practitioners.
- From health care providers, insurance companies, workman's comp and your employer, and other third part administrators (e.g. requests for medical records, claim payment information).

In certain states, you may be able to access and correct personal information we have collected about you, (information that can identify you - e.g. your name, address, Social Security number, etc.).

We value our relationship, and respect your right to privacy. If you have questions about our privacy guidelines, please call us during regular business hours at 304-282-5553.

Yours truly,

Jason Trombley, A.P., LMT